

## **Invite Your Dependents to Modern Health**

Modern Health is your mental wellness benefit through your employer, that provides you and your eligible dependents\* access to personalized 1:1 support, group support, and self-serve resources so that you and your loved ones can be the best version of yourselves — at home, at work, and in your relationships.



Register and complete onboarding for your own account

From the Home Screen, select Settings

Choose Invite Dependent from the Settings tab

Enter your dependent's information. Note: more information will be required if your dependent is a minor.



For adult dependents, an invite will be sent to them via email to sign up. For minor dependents, Modern Health will contact you in 48 hours.

< Let's get started					← Invite dependent
Full Name	Hello, Sonya 👋	Settings			Your benefit allows you to invite up to three
Isabelle Gálvez		Crisis resources		1	dependents. Dependent is defined the same way your group health plan. Note: services are no provided to minors under the age of 13.
Date of Birth	Tue, June 15 ° It's ok if you're not ok	Access to 24/7 Crisis Information	>		First Name
10/11/1987	Talking about mental health.	Notifications			Katie
ompany	Take a Pause	Push Notifications	>		Last Name
Acme	For you View all	Your Account			Holmes
imail					Date of Birth
Isabelle@acme.com	Coaching with Darlene >	Topics of Focus	>		10/11/1974
Password		Profile Details	>		Language
••••••	View your care form > You completed it on 11/15/2020	Invite Dependents	>		English
By signing up, you confirm you are over 13 and agree to Modern Health's <u>Terms</u> & <u>Privacy Policy</u> .	Practice mindfulness Browse our library of resources	Substitute User	>		Dependent Relation
		Sign out	>		Wife
	What's New	Reset Account	>		Dependent Email
Sign up					Invite
Already have an account? Log in	Home Resources Chat Circles Settings	Home Resources Chat Circles		1	If you have any questions, let us know

If you have trouble registering for Modern Health, please don't hesitate to reach out to help@modernhealth.com with a note or screenshot. The Modern Health member support team will verify the information against what they have on file with your employer to provide you the best instructions on how to successfully access Modern Health.

\*In accordance with the Children's Online Privacy Protection Rule (COPPA), coverage for dependents ages 6-17 only includes therapy.

## Questions? Email us at help@modernhealth.com